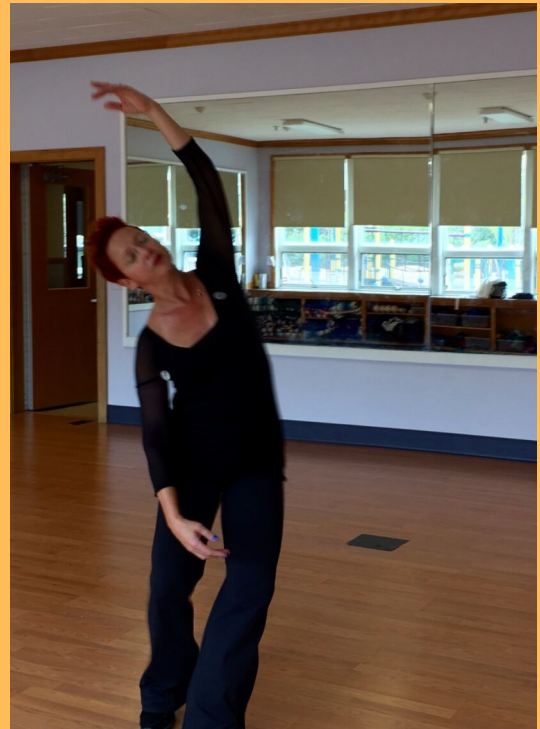


# DANCE PLAY

with

Constance Clare-Newman,

Wednesdays, 3-4pm



**Playful and deep, connected and open,  
creative and compassionate.**

DancePlay is mindful movement with great music. There are no steps or right way to play and dance. We connect with our bodies in sensation, in motion and find what feels enjoyable.

From fun dancing, to deep presence with open hearts.... every DancePlay session is different. Show up and say what you want. It is all possible.

All genders, ages, levels,  
bodies are welcome.  
By donation.

Veterans Memorial Community Center,  
top of Winslow St.  
[constance@constanceclare.com](mailto:constance@constanceclare.com)